

'Bure Valley 10 Miles'

Sunday 29th September 2019

Terms and Conditions of Entry

Entry is subject to the following, terms and conditions. In the event of any dispute, the race referee's decision is final.

1. **Liability**

You will not hold the race organisers liable for any damage, injury, loss or expense which may arise as a consequence of your participation in this event save in the event of death or personal injury as a result of the negligence of the organisers or such other circumstances where it is not possible for the organisers to exclude liability.

2. **Ability to Participate**

You will not take part in this race unless you are medically fit to run 10 miles and are in good health on the day. Please be aware that you compete at your own risk and must complete the course in 2hrs.

3. **The Course**

This is an out and back course on country roads, for your safety all runners are required to keep to the left-hand side of the course at all times and to obey marshal's instructions and guidance.

The course is not suitable for wheelchair users.

4. **Race numbers and timing chips**

All runners are required to complete the contact and medical details on the back of their race number. This is a requirement of participation and may be checked by race officials prior to the start.

Race numbers must be pinned securely to the front of your running top using a safety pin at each corner. Your race number must be clearly visible at all times. A timing chip will be attached to the number.

5. **Race Rules**

The race is held under UK Athletics rules for competition and regulations. By entering this race, you agree to abide by these rules and any race instructions given by the organisers and officials. You will be disqualified if you fail to comply.

6. **Entry Requirements**

You must be at least 17 years old on the day of the race to enter the event.

7. **Closing Date**

Entries will close on Friday 20th September or when the race limit has been reached. There will be **NO** entries on the day.

8. **Refunds & Entries**

Entry fees are non-refundable but transfers are available until midnight on Friday 20th September. In the event you are unable to compete you may not defer your entry to the following year. Running with someone else's number is strictly forbidden and will result in disqualification. It may also result in both the named runner and the substitute being banned from future events.

9. **Appropriate Behaviour**

We reserve the right, in our absolute discretion, to refuse to allow you to participate in the event at the start or to continue participation at any point along the route of the event, should you be deemed to behave inappropriately or give cause for concern that your continued participation may cause offence or injury to yourself, any spectator or other competitors. This includes the wearing of any clothing or visual message that may cause offence. Failure to comply with an instruction from race officials will result in ejection from the race and potential reporting to the police.

9.(i) No wheeled vehicles, dogs or following cyclists are permitted.

9.(ii) Use of personal stereos and MP3 players or similar devices (with or without headphones/earphones) is prohibited, and their use will lead to disqualification.

9.(iii) Runners are required to report any casualties immediately to the nearest first aid post or race marshal.

10. Cancellation

If the Race Committee decide to cancel the race as a result of an incident that renders the course/route inaccessible, participants will not be entitled to a refund of their entry fee. Examples include but are not limited to:

- Road Traffic Accident
- Severe weather conditions
- Force Majeure event—Any significant unforeseen event beyond the control of the organisers
- Major Utility Fault
- Any council or other official embargo on staging mass events

Personal arrangements including travel, accommodation or hospitality relating to the event which have been arranged by you are at your own risk.

11. Use of your Data

Your data will be used for the purpose of administering the race and to advertise future races. Your data will not be disclosed or shared with third parties.

Please be aware that photographs or film of spectators and participants in the race may be taken by event officials or event partners. These may be published on the internet or otherwise used for promotional purposes in relation to this event. Entry into the run or attendance at any part of the event constitutes acceptance of this.

12. Prizes and Chip Timing

We are not responsible for failure of chips to record a time. Only 1 prize may be won from the Open and Age categories.